

# Printing Guide

**Heroes of Islam — Series 11: Nusaybah bint Ka'b**

This book is **FREE for Muslims**. You may print it for yourself, your family, mosques, prayer rooms and schools, or to give as a gift. **It may not be sold.**

## 1. Files in this pack

| | |
|---|---|
| `Nusaybah_bint_Kab_PRINT.pdf` | **Book interior** — 34 pages, A4, full colour |
| `Cover_Print_Nusaybah_bint_Kab.pdf` | **Full cover for a print shop** — front, spine and back on one sheet |
| `Front_Cover_A4_Home.pdf`<br>`Back_Cover_A4_Home.pdf` | **Covers for printing at home** — A4, with a 5 mm white border |
| `Printing_Guide_Nusaybah_bint_Kab.pdf` | This guide |

> **Note:** Each chapter begins on a new page. There are no intentionally blank pages in this book.

## 2. Printing at a print shop

Give the print shop both the book interior and the full cover files, with these specifications:

| | |
|---|---|
| Book size | A4 (210 × 297 mm) |
| Number of pages | 34 (printed double-sided / duplex) |
| Colour | Full colour |
| Interior paper | 80gsm |
| Binding | Comb/wire binding or thin glued binding — this book is slim, so comb binding suits it best |
| Full cover size | 427.7 × 303.0 mm, including 3 mm bleed on every edge |
| Spine | 1.7 mm (for 80gsm paper) — **ask the print shop to confirm it** |

> **Tip:** Ask for one proof copy first to check the colours and binding before printing in larger numbers.

## 3. Printing at home

### a) Front and back covers

1. Use thicker A4 paper, for example **100gsm**, matte card or photo paper (check your printer's paper-weight limit).
2. Open **Front_Cover_A4_Home.pdf** in **Adobe Acrobat Reader → File → Print**.
3. Under **Page Sizing & Handling**, choose **"Actual size"** (not "Fit").
4. Click **Properties** → Paper Size: **A4**; Paper Type: to match your paper; Quality: **High**.
5. Print, then repeat for **Back_Cover_A4_Home.pdf**.
6. Let the covers dry for **10–15 minutes** on a flat surface, as they contain a lot of dark colour.

Most home printers cannot print right to the edge of A4 paper. That is why the home cover files come with an even **5 mm white border**.

### b) The book interior (manual double-sided printing)

1. Open **Nusaybah_bint_Kab_PRINT.pdf → Print → Actual size**; Paper Type "Plain paper", Quality "Standard".
2. **Test with just 4 pages first** (Pages 1–4) to make sure the paper direction is right.
3. Click **More Options** → choose **"Odd pages only"** → Print.
4. Let the pages dry for about 5 minutes. Turn the stack over and put it back into the printer tray.
5. Print again with **"Even pages only"**.
6. Print in small batches, for example **20–30 sheets** at a time, so it is easy to redo if the paper jams.

### c) Binding

- **Comb or wire binding** is suitable and inexpensive — any photocopy shop can do it. This book has only 17 sheets, so a small comb is enough.
- Place a **clear plastic sheet** in front of the front cover and behind the back cover to protect the colours.
- The inner margin of this book is **3 cm**, so the binding holes will not touch the text.

## 4. Digital edition

The eBook edition (with a clickable table of contents and linked chains of narration), the other books of Heroes of Islam, The Prophet's Sirah ﷺ and The Shama'il of the Messenger ﷺ can be read and downloaded free at **quranscience.my**. Follow us at **facebook.com/QuranScienceMY**.

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